

# Content tailored to primary care

**Free online** CME-accredited content covering **diabetes** and **obesity**

## Diabetes management



**YOUR QUESTIONS**

*Which antidiabetic agents should I use in those with CVD or CKD?*

Author: Eduard Montanya  
Accredited by EACCME  
2:56 minutes | 1 ASCEND Point



**CASES**

*Uncontrolled hyperglycaemia and prior MI*

Author: Roopa Mehta  
Accredited by EACCME  
9:26 minutes | 3 ASCEND Points



**INSIGHTS**

*Sulphonylureas and managing hypoglycaemia in practice*

Author: Siew Pheng Chan  
Accredited by EACCME  
10:13 minutes | 4 ASCEND Points



**YOUR QUESTIONS**

*Patient-positive language*

Author: Scott Kahan  
Accredited by EACCME  
1:02 minutes

Case studies

EARN POINTS  
AS YOU GO

## Obesity management



**RESOURCES**

*Health complications of obesity*

Author: ASCEND Faculty  
Accredited by EACCME



**YOUR QUESTIONS**

*What can be used to treat obesity?*

Author: Jason Halford  
Accredited by EACCME  
1:29 minutes | 1 ASCEND Point



**RESOURCES**

*Targets of anti-obesity pharmacotherapies*

Author: Rachel Batterham  
Accredited by EACCME



**INSIGHTS**

*Commonly asked questions about bariatric surgery*

Author: Carel Le Roux  
Accredited by EACCME  
10:22 minutes | 2 ASCEND Points

Personal stories

See all

## Popular



**CASES**

*Uncontrolled hyperglycaemia and prior MI*



**COURSES**

*Reducing cardiovascular risk in diabetes*



**CASES**

*Weight regain following bariatric surgery*

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WONCA Europe,  
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# What you will discover

Content for physicians across the spectrum of experience



**How do you handle more complex cases?**



**Why have the guidelines changed?**



**How can you interact better with patients to bring about change?**



**Do you struggle with newer therapies?**

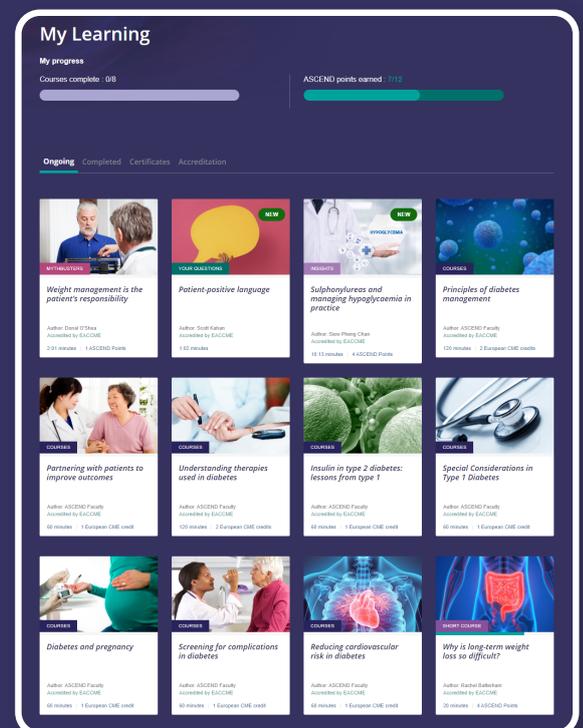
## Engaging formats including videos, checklists, interactivities, and much more!

- **Short courses** – everything you wanted to know
- **Cases** – scenarios you are likely to see in your clinic
- **Your questions** – providing clarity where you need it most
- **Insights** – shared experience from the clinic
- **MythBusters** – challenging common misconceptions
- **Practical tools** – materials for you and your patients

### Contributors from across the World:

*Rachel Batterham, Martin Abrahamson, Sean Wharton, Siew Pheng Chan, Tina Vilsbøll, Eduard Montanya, Michael Vallis and many more...*

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Spanish • French • German

**My Learning**

My progress  
Courses complete: 0/8  
ASCEND points earned: 7/12

Ongoing Completed Certificates Accreditation

<p><b>Weight management is the patient's responsibility</b></p> <p>Author: David O'Shea Accredited by: EACCME 2/3 minutes   1 ASCEND Point</p>	<p><b>Patient-positive language</b></p> <p>Author: Sarah Saxon Accredited by: EACCME 1/17 minutes</p>	<p><b>Sulphonylureas and managing hypoglycaemia in practice</b></p> <p>Author: Dale Peng Chan Accredited by: EACCME 18/12 minutes   4 ASCEND Points</p>	<p><b>Principles of diabetes management</b></p> <p>Author: ASCEND Faculty Accredited by: EACCME 1/3 minutes   2 European CME credits</p>
<p><b>Partnering with patients to improve outcomes</b></p> <p>Author: ASCEND Faculty Accredited by: EACCME 6/6 minutes   1 European CME credit</p>	<p><b>Understanding therapies used in diabetes</b></p> <p>Author: ASCEND Faculty Accredited by: EACCME 1/30 minutes   2 European CME credits</p>	<p><b>Insulin in type 2 diabetes: lessons from type 1</b></p> <p>Author: ASCEND Faculty Accredited by: EACCME 1/18 minutes   1 European CME credit</p>	<p><b>Special Considerations in Type 1 Diabetes</b></p> <p>Author: ASCEND Faculty Accredited by: EACCME 6/60 minutes   1 European CME credit</p>
<p><b>Diabetes and pregnancy</b></p> <p>Author: ASCEND Faculty Accredited by: EACCME 6/60 minutes   1 European CME credit</p>	<p><b>Screening for complications in diabetes</b></p> <p>Author: ASCEND Faculty Accredited by: EACCME 6/60 minutes   1 European CME credit</p>	<p><b>Reducing cardiovascular risk in diabetes</b></p> <p>Author: ASCEND Faculty Accredited by: EACCME 1/18 minutes   1 European CME credit</p>	<p><b>Why is long-term weight loss so difficult?</b></p> <p>Author: Rachel Batterham Accredited by: EACCME 2/20 minutes   4 ASCEND Points</p>

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