

Free Online Annual Day Conference: Balancing the Scales of Diet Inequality



10.00 - 13.00 Tues 15th November 2022



Register @ <https://tinyurl.com/yvsvax65>



LiveStream@nutrition.org.uk



www.nutrition.org.uk



Programme

10.00 Welcome - Elaine Hindal, Chief Executive, British Nutrition Foundation

Session 1: Understanding the issue/challenges

10.05 The impact of inequality on health – Dr Ruth Bell, UCL Institute of Health Equity

10.25 The Impact of poverty on dietary inequalities – Prof Corinna Hawkes, City, University of London

Session 2: Voices from lived-in experiences

10:45 Perspectives of adolescents living with obesity - Prof Jason Halford, European Association for the Study of Obesity

11.00 Living Hand to Mouth: children and food in low-income families Prof Julia Brannen, UCL Institute of Education & Prof Rebecca O'Connell, University of Hertfordshire

Session 3: Tackling the crisis together: Community case studies

11.35 Getting under the skin of urban health inequalities - TBC, Impact on Urban Health

11.55 Tackling holiday hunger – Katie Palmer, Food Sense Wales

12.05 Feeding Derbyshire - Combatting hunger in communities - Andrew Forsey, Feeding Britain

12.15 Addressing underlying barriers to healthy eating in young people - Ruth Soroko, Eat Club

12.25 Panel discussion

Why is this event important?

This Annual Day conference is a timely opportunity to consider how we meet the dietary needs of the UK's most nutritionally vulnerable young people.

Your registration will also give you access to the British Nutrition Foundation 2022 Annual Lecture at **15.00 Tackling Inequalities in Diet: a 20 year prospective** Dr Alison Tedstone, former Chief Nutritionist, OHID